How to Dress for an Interview

PRESENTED BY:

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Who Am I?

• Internship & Job Placement Coordinator
• Resumes and cover letters
• Career Advisor = Tips for Career Success
• What is ESS
How to Dress For a Job Interview

The 3 Ps
Interview Attire
• Men’s
• Women’s
• Gender Neutral

Dressing for a Casual Interview
• College Job
• Internship
• Summer Job
• Virtual Interviews

What Different Colors Say

Accessories
What to Avoid
Questions
The Three Ps

Proper fit

Polished

Professional
Men’s Attire

- Button-down with dark slacks
- Textured blazer
- Navy blue blazer
- Button-down with a sweater
- Button-down with Light-colored pants
- Socks
- Polo shirt
- Belt
- Dress shoes
- Tie
Examples of Men’s Attire

**DO**
- Casual, yet polished
  - Tip: Carry a blazer for more formality
  - Tip: To make the look less formal, the suit jacket can easily be removed
- Shirt, tie coordinate well with suit
  - Shirt cuffs show only slightly at the wrist
  - Fits well; freshly pressed
  - Shoes polished

**DON’T**
- Untucked shirt creates an unkempt, messy appearance
  - Dress shirt and cotton khakis are a mismatch
  - Messy hair
  - Too small
    - Too long
  - Pants are too short, don’t match jacket
  - Too casual for any interview
  - Shoes, socks not coordinated well with suit
    - Tip: Make sure your outfit is free of wrinkles and stains, your hair and nails are well-groomed and your shoes are polished

PHOTOS COURTESY OF OFFICEE
Additional Points to Consider

- Facial Hair
- Hair style
- Outfit choice
- Scents
- Breath
Women’s Attire

- Navy Blue Blazer
- Button Down Shirts
- Blouses
- Classic Black Dress
- Sweater
- Dress Slacks and skirts
- Cardigan
- Closed Toe Shoes
Examples of Women’s Attire

**Dos**
- Jewelry in moderation
- Conservative 2-piece suit
- Skirt: Knee-length
- Hosiery at or near skin color
- Dark Shoes

**Don’ts**
- Necklace too large/distracting
- No bright colors/patterns
- Capris: too casual
- No open-toed shoes
Hair: Styled neatly

Makeup: Less is More

Outfit: Keep it professional

Scents: Light and subtle

Breath: Keep it fresh
Gender Neutral Attire
Dress for a Casual Interview

Business Casual

Startup Casual

What to Wear When There is No Dress Code
College Job Interview Attire
Internship Interview Attire
Summer Job
Interview Attire
How to Dress for Virtual Interviews

Dress to Impress
Dress Head to Toe
Research Company’s Dress Code
Wear Colors That Suit You
Be Mindful of Accessories
Select a Neutral Background
What Different Colors Say

One important, and often overlooked, aspect of an interviewee's first impression is the color of their interview attire.
<table>
<thead>
<tr>
<th>Color</th>
<th>Meaning</th>
</tr>
</thead>
<tbody>
<tr>
<td>Blue</td>
<td>Calm, Trust, and Confidence</td>
</tr>
<tr>
<td>White</td>
<td>Truth and Simplicity</td>
</tr>
<tr>
<td>Gray</td>
<td>Sophistication and Neutrality</td>
</tr>
<tr>
<td>Brown</td>
<td>Calm</td>
</tr>
</tbody>
</table>
Power Colors

Black
Power, Authority, and Drama

Red
Energy and Passion
Accessories
What to Avoid

- Cell Phone Interruptions
- Bright Flashy Colors
- Dated Attire
- Revealing Clothes
- Hoodies
Conclusion

Help with:
- resumes
- cover letters
- career advisement

Please reach out to me,
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Questions?

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