Landing an Internship

By: Nada Abdelhack, MA, GCDF
(She, Her)
Who Am I?

• Internship & Job Placement Coordinator
• Housed in ESS
• Resumes and cover letters
• Career Advisor = Tips for Career Success
The UNM5
https://unm5.unm.edu/

- Critical Thinking
- Communication
- Collaboration
- Research & Assessment
- Professionalism
When to start?
Internship
Search = Time
Internships are Crucial
What is an internship?
LEARNING BY DOING
learn from professionals in the field
Internships vs Externships

- Short-term placement
- Hands-on formal experience
- Builds core skills
- Direct path to a job
- Receive more job offers

- Short-term experience
- No job-related tasks
- Shadow a professional
- Less direct path to a job
- Helps with deciding a career path
Why Intern
Why an internship?
Interns Will

• Gain real-world experience
• Develop skills related to your field
• Develop character skills
• Network with people in industry
• Experience a corporate culture
• Boost your confidence
• Identify your strengths & interests
ENGINEERING STUDENT SUCCESS CENTER

ENHANCE SKILL LEVEL

VECTOR ILLUSTRATION
NEW SKILL
LOADING...
Networking Opportunities
MENTOR

DIRECTION  LEADERSHIP  COACHING
ADVICE  TRAINING  INSPIRE  SUPPORT
MOTIVATION  SUCCESS

GO!

FINISH
Internships are Important Because…

• Help develop your professional aptitude
• Strengthen personal character
• Open doors to opportunities
• Provide job/research experience
• Gain mentorship
• Create a professional network
• Build a strong resume
• Secure good references
Paid or Unpaid Internships
Unpaid Internships
Benefits of Hiring an Intern

• Ease workload of regular employees
• Enable employees to focus on higher level tasks
• Meet short-term staffing needs
• Obtain access to highly motivated students
• Complete finite projects
• Develop a pipeline of future employees
• Prepare tomorrow’s workforce
• Inject enthusiasm and fresh ideas into their organization
• Provide practical learning opportunities to students
• Take advantage of students’ tech and social media savvy
Finding Internships
Find an Internship
Engineering & Computing

Internship Opportunities

Gain experiential learning that integrates knowledge and theory learned in the classroom with practical application and skills development in a professional setting.

Internships give you the opportunity to gain valuable hands-on experience while making connections in professional fields you are considering for career paths.

Internships also provide employers the opportunity to guide and evaluate talent.

Students should begin thinking about internships during their junior year. Our programs will admit Sophomores and above, including graduates. Consultations are available to freshmen on how to find internships on their own.

Visit us at goto.unm.edu/internships
Contact Nada Abdelhack, MA
Engineering Student Success Center
Call: (505) 277-1403
Email: esscareers@unm.edu
Weekly ESS Center Announcements
Week of October 11, 2022

Please share as you feel appropriate.
These weekly announcements are sent out on Tuesdays.
If you would like us to include your information, please send it to yadeeh@unm.edu by Friday at 5 PM.

ESS HOTLINE: 505-277-4354 | E-mail: ess@unm.edu | Website: ess.unm.edu

SUMMARY
All of our events are FREE and you can...
WIN a gift card. GAIN experience. BUILD your skill set. ENHANCE your resume.

- Upcoming Engineering Student Success Center Events and opportunities
Finding an Internship

- Academic Advisor
- Career Advisor
- On-line search
- Talk to people
- Consider volunteering
Career Fairs
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<thead>
<tr>
<th></th>
<th><strong>SPSP</strong></th>
<th><strong>SOE CD</strong></th>
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<tbody>
<tr>
<td><strong>When</strong></td>
<td>Spring/Fall</td>
<td>Spring/Summer/Fall</td>
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<tr>
<td><strong>Commitment</strong></td>
<td>12 weeks, 15 hours per week</td>
<td>8 weeks 15-20 hours/week (Spring &amp; Fall)</td>
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<td></td>
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<td>30 hours/week (Summer)</td>
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<tr>
<td><strong>Stipend</strong></td>
<td>$3750 ($2500 paid by UNM)</td>
<td>$2000 ($1000 paid by UNM) Spring &amp; Fall</td>
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<td></td>
<td></td>
<td>$3000 ($1500 paid by UNM) Summer</td>
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<tr>
<td><strong>Course enrollment</strong></td>
<td>Yes, min ½ time and *coop course</td>
<td>Yes, min ½ time and *coop course</td>
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<tr>
<td><strong>Level of student</strong></td>
<td>Above 200 level courses thru graduate level</td>
<td>Currently in 200 level courses thru graduate level</td>
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<td>In good standing (not on probation)</td>
<td>In good standing (not on probation)</td>
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<tr>
<td><strong>GPA</strong></td>
<td>Above 3.0</td>
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<tr>
<td><strong>Citizenship</strong></td>
<td>US citizen, permanent Resident, Daca, refugee status</td>
<td>N/A</td>
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• The UNM Cooperative Education (Co-op) Program integrates classroom studies with paid, productive, real-life work experience in a degree-related field
• Complete the Co-op Agreement Form
• Register for your Co-op Program
• International Students meet with a GEO Advisor first
Got Research?

We have two GREAT options for you!

These programs are only open to School of Engineering Students.

EPICS @UNM

...to give back to the community, earn credit, and gain research experience all at the same time!

Deadline: UNM Add/Drop dates

Student Research Experience Program

...to get hands-on research experience to understand how your courses fit in to real-world applications.

Deadline: February 5 & September 5
No GPA or citizenship requirement. Priority is given to Freshmen and Sophomores, but all SoE students are encouraged to join.

https://goto.unm.edu/research
Begin the Application Process Early
Handshake

• [https://app.joinhandshake.com/stu](https://app.joinhandshake.com/stu)
• Sign-up
• Create a profile
• Career opportunities (Nation wide)
• Career events
• List of employers
Contact Me!
Nada Abdelhack
esscareers@unm.edu

Centennial Engineering Center, Suite 2080
Walk-in hours
M & W 2-4 pm
esscareers@unm.edu
You have the **technical** skills, but do you have **ALL** the skills you need to **succeed** in your career?

**INTRODUCING ACED@UNM**

**ADVISORY COUNCIL FOR ENGINEERING DEVELOPMENT**

Engineering careers are largely focused on creating technical solutions, but in order to thrive, engineers also need a holistic skillset. Helping engineering and computer science students who are upper-level undergraduate or graduate students learn these “soft skills” is the mission of **ACED@UNM**.

**BECOME EMPOWERED IN:**
- Finding **INTERNSHIPS AND CO-OPS** to gain real-world experience
- Forming **PROFESSIONAL RELATIONSHIPS**
- Taking advantage of career-boosting **OPPORTUNITIES AND TRAINING**
- Navigating **TOXIC WORK ENVIRONMENTS AND ETHICAL DILEMMAS**

**SPRING 2023 SESSIONS**
(All sessions are 9-11 a.m. Mountain Time)

- **February 4:** Career planning workshop and coaching  
  Presented by Golara Haghtalab
- **March 4:** Bid evaluation and value engineering  
  Presented by Kelvin Berrios Soto
- **March 25:** Effective verbal and written communication  
  Presented by Alejandro Garcia
- **April 29:** Introduction to project management  
  Presented by Tennille Bernard

**Join us on Zoom:** [https://unm.zoom.us/j/97377022577](https://unm.zoom.us/j/97377022577)

**LEARN MORE AT** [https://goto.unm.edu/aced or aced@unm.edu](https://goto.unm.edu/aced)
Questions?

Give feedback.
Win a gift certificate!

goto.unm.edu/ess-feedback

Don’t forget to follow up on social media.

ESS.unm.edu or our succESS app