

# Landing an Internship

By: Nada Abdelhack, MA, GCDF (She, Her)

### Who Am I?

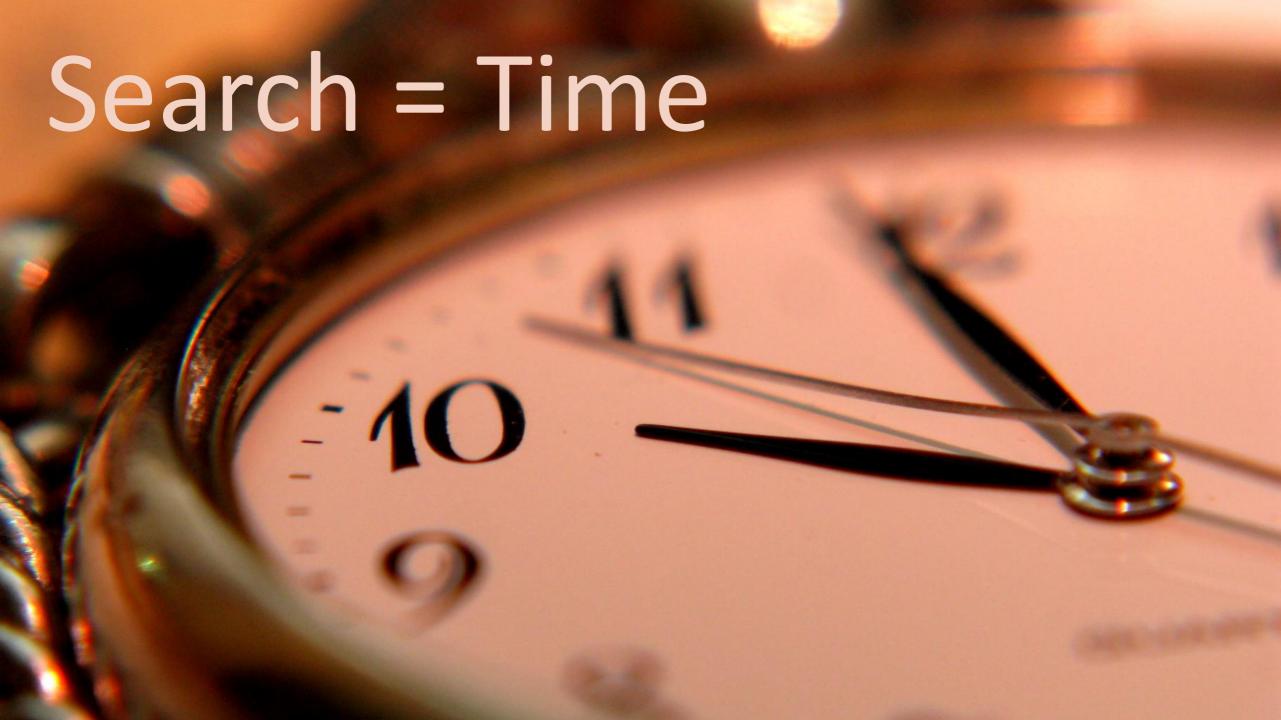
- Internship & Job Placement Coordinator
- Housed in ESS
- Resumes and cover letters
- Career Advisor = Tips for Career Success







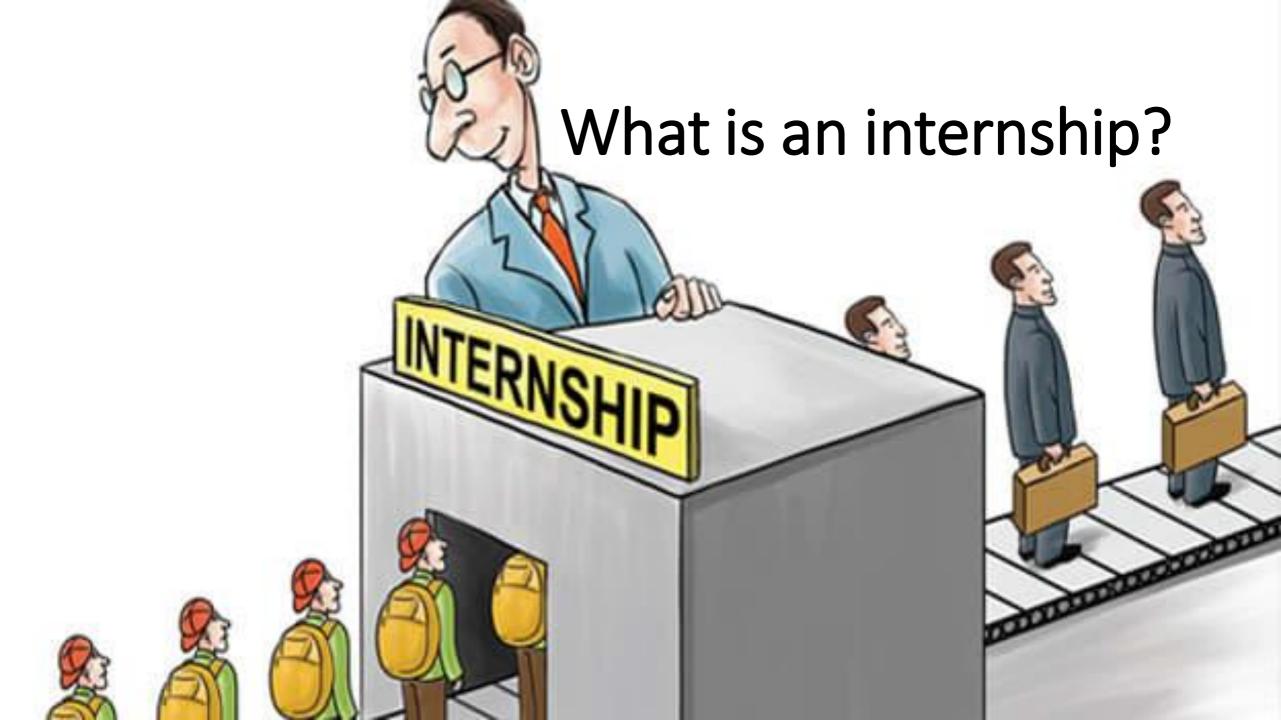






Internships are Crucial









### LEARING BY DOME





# TERNSHIP





### Internships

vs Externships

- Short-term placement
- Hands-on formal experience
- Builds core skills
- Direct path to a job
- Receive more job offers

- Short-term experience
- No job-related tasks
- Shadow a professional
- Less direct path to a job
- Helps with deciding a career path



### Why an internship?



### Interns Will

- Gain real-world experience
- Develop skills related to your field
- Develop character skills
- Network with people in industry
- Experience a corporate culture
- Boost your confidence
- Identify your strengths & interests





ENGINEERING STUDENT SUCCESS CENTER

### ENHANCE SKILL LEVEL

VICTOR LUGSTRATION



### **NEW SKILL**



LOADING...









### Internships are Important Because...

- Help develop your professional aptitude
- Strengthen personal character
- Open doors to opportunities
- Provide job/research experience
- Gain mentorship
- Create a professional network
- Build a strong resume
- Secure good references



Paid or
Unpaid
Internships





### Benefits of Hiring an Intern

- Ease workload of regular employees
- Enable employees to focus on higher level tasks
- Meet short-term staffing needs
- Obtain access to highly motivated students
- Complete finite projects
- Develop a pipeline of future employees
- Prepare tomorrow's workforce
- Inject enthusiasm and fresh ideas into their organization
- Provide practical learning opportunities to students
- Take advantage of students' tech and social media savvy



## Find an Internship



### **Engineering & Computing**

### **Internship Opportunities**

Gain experiential learning that integrates knowledge and theory learned in the classroom with practical application and skills development in a professional setting.

Internships give you the opportunity to gain valuable hands-on experience while making connections in professional fields you are considering for career paths.

Internships also provide employers the opportunity to guide and evaluate talent.

Students should begin thinking about internships during their junior year. Our programs will admit Sopmores and above, including graduates. Consultations are available to freshmen on how find internships on their own.



Contact Nada Abdelhack, MA

Engineering Student Success Center

Call: **(505) 277-1403** 

Email: esscareers@unm.edu













### **Weekly ESS Center Announcements**

Week of October 11, 2022

Please share as you feel appropriate.

These weekly announcements are sent out on Tuesdays.

If you would like us to include your information, please send it to <a href="mailto:yadeeh@unm.edu">yadeeh@unm.edu</a> by Friday at 5 PM.

ESS HOTLINE: 505-277-4354 | E-mail: ess@unm.edu | Website: ess.unm.edu

#### SUMMARY

All of our events are FREE and you can...
WIN a gift card. GAIN experience. BUILD your skill set. ENHANCE your resume.

Upcoming <u>Engineering Student Success Center Events</u> and opportunities

## Finding an Internship

- Academic Advisor
- Career Advisor
- On-line search
- Talk to people
- Consider volunteering





### IMPORTANT! ANNOUNCEMENT

	SPSP	SOE CD
When	Spring/Fall	Spring/Summer/Fall
Commitment	12 weeks, 15 hours per week	8 weeks 15-20 hours/week (Spring & Fall) 30 hours /week (Summer)
Stipend	\$3750 (\$2500 paid by UNM)	\$2000 (\$1000 paid by UNM) Spring & Fall \$3000 (\$1500 paid by UNM) Summer
Course enrollment	Yes, min ½ time and *coop course	Yes, min ½ time and *coop course
Level of student	Above 200 level courses thru graduate level In good standing (not on probation)	Currently in 200 level courses thru graduate level In good standing (not on probation)
GPA	Above 3.0	N/A
Citizenship requirements	US citizen, permanent Resident, Daca, refugee status	N/A



- The UNM Cooperative Education (Co-op) Program integrates classroom studies with paid, productive, real-life work experience in a degree-related field
- Complete the Co-op Agreement Form
- Register for your Co-op Program
- International Students meet with a GEO Advisor first



### Got Research?

### We have two GREAT options for you!

These programs are only open to School of Engineering Students.

### EPICS @UNM

...to give back to the community, earn credit, and gain research experience all at the same time!

Deadline: UNM Add/Drop dates

### Student Research Experience Program

...to get hands-on research experience to understand how your courses fit in to real-world applications.

Deadline: February 5 & September 5

No GPA or citizenship requirement. Priority is given to Freshmen and Sophomores, but all SoE students are encouraged to join.







Begin the Application Process Early

### Handshake

- https://app.joinhandshake.com/stu
- Sign-up
- Create a profile
- Career opportunities (Nation wide)
- Career events
- List of employers



### Contact Me!

Nada Abdelhack esscareers@unm.edu

### Centennial Engineering Center, Suite 2080

Walk-in hours

M & W 2-4 pm

esscareers@unm.edu

You have the **technical** skills, but do you have **ALL** the skills you need to **succeed** in your career?

INTRODUCING

### ACED@UNM

ADVISORY COUNCIL FOR ENGINEERING DEVELOPMENT

Engineering careers are largely focused on creating technical solutions, but in order to thrive, engineers also need a holistic skillset. Helping engineering and computer science students who are upper-level undergraduate or graduate students learn these "soft skills" is the mission of ACED@UNIM.

#### BECOME EMPOWERED IN:

- Finding INTERNSHIPS AND CO-OPS to gain real-world experience
- Forming PROFESSIONAL RELATIONSHIPS
- Taking advantage of career-boosting OPPORTUNITIES AND TRAINING
- Navigating TOXIC WORK ENVIRONMENTS AND ETHICAL DILEMMAS

You have the **technical** skills, but do you have **ALL** the skills you need to **succeed** in your career?

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#### **SPRING 2023 SESSIONS**

(All sessions are 9-11 a.m. Mountain Time)

- February 4. Career planning workshop and coaching Presented by Golara Haghtalab
- March 4. Bid evaluation and value engineering
   Presented by Melvin Berrios Soto
- March 25. Effective verbal and written communication
   Presented by Alejandro Garcia
- April 29. Introduction to project management
   Presented by Tennille Bernard

Join us on Zoom: https://unm.zoom.us/j/97377022577

LEARN MORE AT https://goto.unm.edu/aced or aced@unm.edu





### Questions?







Don't forget to follow up on social media.









