



# **Effective Interviewing 101**

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**Topics we will Discuss** Anxiety related to interviewing Tips to help you overcome anxiety Projecting confidence Various interview methods Points to remember What top industry people look for in candidates









Prepping for an Interview



Outfits



About Us



Review



**Elevator Pitch** 









#### Get a good night's sleep

Imagine nailing your interview





Fig.(B) closed posture defensive or negative attitude

Fig.( C) Sitting up straight sends a message of smartness, confidence and credibility.

## Be Confident

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## Dress for Success

# Talk about your accomplishments

Impact Quantifiable Goals Reached





# Be aware of your non-verbal communication

Take time to think



## One-on-one Interviews

## ENGINEERING STUDENT SUCCESS CENTER

### **One-on-One Interviews**

# Develop Rapport

Open-Ended Questions

## 80/20 Rule



**Engage with** each interviewer Pen & pad Consider perspective of the panelist **Eye Contact Ask questions** Good impression



## Virtual Interviews

No distraction Neat & Organized **Proper lighting** Your screen name Test Your software Dress properly Body language Your documents





If not the best time, reschedule

Speak clearly Referencing notes Close the call



Posture	Stand Up	Speak Directly into the Phone
Voice and Tone	No Smoking, chewing Gum, eating, etc.	Smile
	Energetic and Interested	





# **Technical Interviews**

A short test

A presentation

Technical questions embedded within a more general interview

A technical exercise, like a case study group exercise at an assessment center



# Understand

Basic engineering principles

**Technical concepts** 

Modules and projects from your degree

Insight into employee's activities

Issues faced by the industry, as a whole

How to apply your engineering background to settings you may not be familiar with



#### **Body Language during an interview 101**

Maintain good eye contact. Don't wander

Don't cross your arms. It comes off as defensive or uninterested

> Practice your handshake, arrange your belongings properly

<u>Avoid</u> trying to cross your legs, this can cause distraction when



Keep an interested expression and don't forget to <u>smile</u>

Remember good posture and sit up straight

Don't overuse hand gestures, you <u>don't</u> want to distract from what you're saying

Remain calm, <u>Don't</u> let nerves make your feet

# Interview Questions

#### **Behavioral Questions**

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## Emotional Intelligence
# What are your Challenges?

Don't mention personal challenges (weaknesses) that are main requirements for the role

Show an employer what you've done to tackle your challenges

Use the STAR (situation, task, action, result) Method to tell your story

**Avoid Cliches** 







#### **Body Language**

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Body Language Mistakes to Avoid Not making eye contact

Playing with something on the table

Fidgeting too much in your seat

Crossing your arms

# Salary

When to negotiate Be confident Determine your worth Multiple level interview

Non-negotiable positions





## What NEVER to Say at an Interview





#### Point to Remember





#### Self-Awareness





**Desirable Traits** 

**Strong Analytical Skills** 

**Enthusiasm and Motivation** 

**Excellent Communication Skills** 

**Problem-solving Skills** 

**Logical Reasoning and Creativity** 

Leadership and Teamwork

**Multi-disciplinary introduction** 

**Passion for Learning** 



### Resources

https://ess.unm.edu/resources/career.html

Career development

**Supplemental Materials** 

Resumé & cover letter writing help

https://career.unm.edu/index.html

**Mock Interviews** 

**Resumes and Cover letters** 

**Career Counseling** 

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#### Conclusion

#### Help with:

- resumes
- cover letters
- career advisement

Please reach out to me, Nada Abdelhack at <u>esscareers@unm.edu</u>

# Questions?





Don't forget to follow up on social media.





ess.unm.edu

or our succESS app

