



How to Dress for an Interview

PRESENTED BY:

NADA ABDELHACK, MA, GCDF

Who Am I?

- Internship & Job Placement Coordinator
- Resumes and cover letters
- Career Advisor = Tips for Career Success
- What is ESS



How to Dress For a Job Interview



The 3 Ps

Interview Attire

- Men's
- Women's
- Gender Neutral

Dressing for a Casual Interview

- College Job
- Internship
- Summer Job
- Virtual Interviews

What Different Colors Say

Accessories

What to Avoid

Questions





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The Three Ps

Proper fit

Polished

Professional

Men's Attire

Button-down
with dark
slacks

Textured
blazer

Navy blue
blazer

Button-down
with a
sweater

Button-down
with Light-
colored pants

Socks

Polo shirt

Belt

Dress shoes

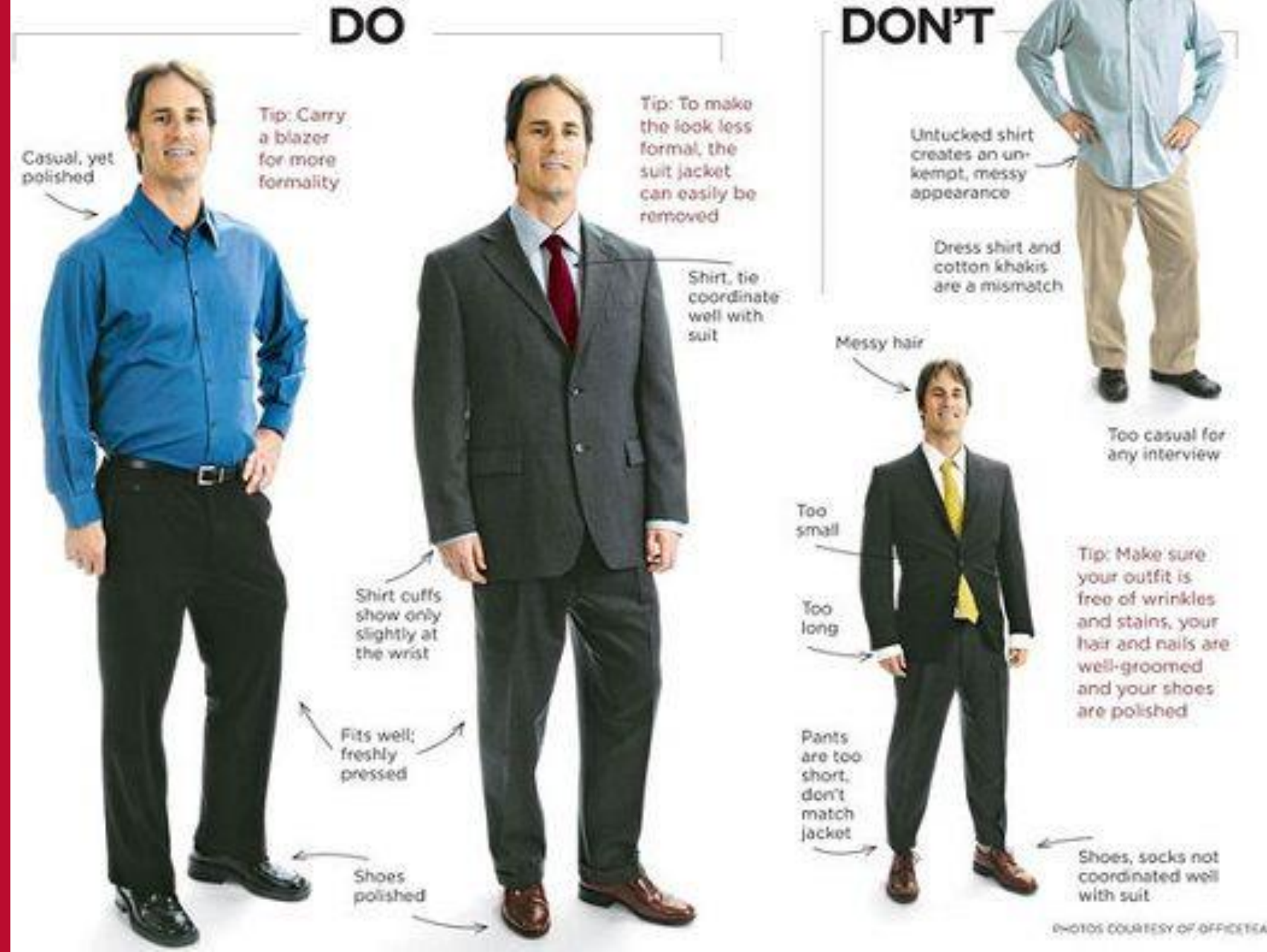
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Examples of Men's Attire



Additional Points to Consider

Facial
Hair

Hair
style

Outfit
choice

Scents

Breath



Women's Attire

Navy Blue
Blazer

Button Down
Shirts

Blouses

Classic
Black Dress

Sweater

Dress
Slacks and
skirts

Cardigan

Closed Toe
Shoes





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Examples of Women's Attire

Interviewing Attire

Dos

Jewelry in moderation

Conservative 2-piece suit

Skirt: Knee-length

Hoisery at or near
skin color

Dark Shoes



Don'ts

Necklace too large/distracting

No bright colors/patterns

Capris: too casual

No open-toed shoes





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Additional
Points to
Consider

Hair: Styled neatly

Makeup: Less is More

Outfit: Keep it professional

Scents: Light and subtle

Breath: Keep it fresh



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Gender
Neutral Attire





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Dress for a
Casual
Interview

Business Casual

Startup Casual

What to Wear When
There is No Dress Code



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College Job Interview Attire





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Internship Interview Attire





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Summer Job Interview Attire





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How to Dress for Virtual Interviews

Dress to Impress

Dress Head to Toe

Research Company's Dress
Code

Wear Colors That Suit You

Be Mindful of Accessories

Select a Neutral Background



What Different Colors Say

One important, and often overlooked, aspect of an interviewee's first impression is the color of their interview attire





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Neutral Colors

Blue	Calm, Trust, and Confidence
White	Truth and Simplicity
Gray	Sophistication and Neutrality
Brown	Calm



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Power Colors

Black

Power, Authority, and Drama

Red

Energy and Passion



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Accessories



What to Avoid

Cell Phone Interruptions

Bright Flashy Colors

Dated Attire

Revealing Clothes

Hoodies





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Conclusion

Help with:

- resumes
- cover letters
- career advisement

Please reach out to me,

Nada Abdelhack at
nabdelha@unm.edu

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