Weekly ESS Center Announcements

Week of May 14, 2024

Please share as you feel appropriate.

These weekly announcements are sent out on Tuesdays.

If you would like us to include your information, please send it to yadeeh@unm.edu by Friday at 5 PM.

ESS HOTLINE: 505-277-4354 | E-mail: ess@unm.edu | Website: ess.unm.edu

Food for Thought: What’s Your Why?
**SUMMARY**

*All of our events are FREE and you can… WIN a gift card. GAIN experience. BUILD your skill set. ENHANCE your resume.*

Upcoming **Engineering Student Success Center Events** and opportunities

- **This Week**
  - Rest and Relaxation

  **New Announcements**
  - Congratulations to our Winners!

- **Next Week**
  - *More Rest and Relaxation.*

**Coming Up**

- **ESS Summer Bridge Sessions** *(10 AM daily, July 22 – Aug. 9)*
• **Fall semester course.** FYEX 1110: Exploring Engineering & Computer Science: Imagine, Design, Engineer! (T/R 2 – 3:15 pm)

**Reminders**

• Don’t forget to apply for the SoE scholarships for the Fall semester

**SOE News & Info**

**Job/Research Opportunities/Scholarships**  
*Including but not limited to:*

• Apply for our SoE Internal Scholarships each semester  
• Join our Internship Programs

**Other UNM opportunities and news for STEM students**

**Community news and opportunities**

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**Stay informed via our web app:**

“engineering your succESS”

**SUCCESS.UNM.EDU**

Shortcut “download” instructions:

[https://success.unm.edu/menu/howToInstall/](https://success.unm.edu/menu/howToInstall/)
We have additional resources for Future Students [HERE].

**MAY IS: ASIAN AMERICAN PACIFIC ISLANDER HERITAGE MONTH. MENTAL HEALTH AWARENESS MONTH.**

[BREAKTHESTIGMA IT'S OK TO NOT BE OK YOU ARE NOT ALONE YOUR MIND MATTERS]
ENGINEERING STUDENT SUCCESS CENTER EVENTS

All students are welcome to attend. You belong.

More information can be found at https://ess.unm.edu/events or through our web app (succESS)

This Week

Rest and Relaxation

NEW ANNOUNCEMENTS

Congratulations to our Winners!

Congratulations to our gift card winners! Each semester we award gift card to the UNM Bookstore based on attendance to our workshops. Join us next semester for YOUR CHANCE to win! We will award winners based on most attended (with bonus points for providing feedback). Attend our sessions to WIN a gift card, GAIN the knowledge, BUILD your skillset, and ENHANCE your resume!
Nervous about starting at a University setting in the Fall?
Want to improve your experience from last semester?
Want to feel confident entering your Fall courses?
Then this opportunity is for you.

The goal of these workshops are to provide students with foundational skills to better support them through their academic journey at UNM. Mastering these skills will equip

Next Week
More Rest and Relaxation

Coming Up

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students to handle challenges they may face along the way.

- Open to both incoming and continuing students
- Daily, July 22 - August 9, 2024.
- Monday - Friday from 10 - 11:15 am MST (with a few sessions with extended times)
- Synchronous in-person (in the ESS suite - CENT 2080 - Albuquerque Main Campus) and virtual via Zoom (https://goto.unm.edu/esszoom)
- Visit ess.unm.edu/events > July and August

**Series Content (order varies)**

- Basic Excel
- Career Readiness
- Critical Thinking & Pop-Science
- Engineering in the Real World & Spatial Reasoning
- How to get into a research lab & Ethics
- How to talk to Instructors
- Impostor Syndrome
- Learning & Studying
- Metrics & Scientific Notation
- Personal Growth, Student Development, and Goal Setting
- Possible Career Pathways & the Scientific Method
- Technical Reading and Writing, including Citations
- Time Management
- Tutoring, Team Work, & Study Groups
- UNM Resources & Advisement

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**Learn More**
Fall semester course: FYEX 1110. Exploring Engineering & Computer Science: Imagine, Design, Engineer!

CRN 77845
Tuesdays/Thursdays, 2 - 3:15

An Academic Communities Course for students interested in discovering more about the School of Engineering.

In this course, students will explore the various fields of engineering and computer science at UNM, as well as develop supportive skills to help them succeed in their academic journey. Students will engage in hands-on, interdisciplinary, and team work through a design experience.
Questions? Contact Yadéeh Sawyer (yadeeh@unm.edu, 505.277.9151)

Don’t forget to apply for the SoE scholarships for the Fall semester

More info below under Scholarships.
OTHER ESS CENTER/SOE NEWS AND INFORMATION

Check back next week.

SCHOLARSHIPS AND JOB & RESEARCH OPPORTUNITIES

(See Previous Announcements below for additional opportunities)

SCHOLARSHIPS

Please visit ESS Scholarships for a full list – many are available to all, regardless of citizenship status

Internal: https://ess.unm.edu/programs/current-students/scholarships/internal.html

External: https://ess.unm.edu/programs/current-students/scholarships/external-scholarships/external.html

Looking for Scholarships?

Don’t miss the deadlines!

Incoming Freshmen
DEADLINE: FEBRUARY 1

Undergraduate summer scholarships
DEADLINE: MAY 20

College-wide and transfer scholarships (open to undergraduate and graduate students)
DEADLINE: JUNE 1

Questions? Contact Elia Marie Castillo at 505.277.5054 or scholarships@unm.edu

https://engineering.unm.edu/students/scholarships
JOB/RESEARCH OPPORTUNITIES

Need help with a Resume or Cover Letter?
We’ve got you covered. Please reach out to our very own Nada Abdelhack, our Job and Internship Placement Coordinator. Email: esscareers@unm.edu. Phone: 505-277-1403.

Please visit ESS Internships and Jobs for a full list – some are available to all, regardless of citizenship status

- Internal internship programs: https://ess.unm.edu/programs/current-students/internships/index.html
- External Jobs & Internships: https://ess.unm.edu/resources/career.html

This includes our SPSP Internship Program. Are you a Junior, Senior, or Graduate student in an Engineering or Computing field? Learn more at https://goto.unm.edu/internships. Students are required to participate 12 weeks, 15 hours per week and will receive a stipend. Questions about the SPSP Internship Program? Contact Nada Abdelhack at esscareers@unm.edu, 505-277-1403
Field Service Engineers

Principal Service Solutions Technical is immediately hiring multiple Field Service Engineers in NM for the semiconductor industry. Individuals that are mechanically inclined with degrees in Engineering tend to be a good match for our needs. These opportunities allow for travel (both domestically and internationally) along with career advancement. Pay tends to start at about $28/hr. DOE.

Graduates and graduating students can apply directly at: http://www.psstechnical.com/job-openings/ or students can apply through Handshake

Company: Principal Service Solutions Technical
Position: Field Service Equipment Technician
Location: Albuquerque, NM
Job Posting: https://unm.joinhandshake.com/jobs/8958825/share_preview
State of New Mexico's Summer Reading Program

$35/hour
Even if students are going home to other parts of the state this summer, they can be matched with a program in their home community rather than the location where their college or university is located.

Learn more and Apply

2024 Generation Justice Summer Program

Generation Justice (GJ) is in the process of implementing our summer program. This year we are returning to some of our past best practices in positive youth development and building leadership through media, narrative shift, and critical consciousness. This summer will be in person with some adjustments for youth who live outside of Albuquerque so that they can attend some of the training and events as well as participate in radio broadcasts (live and recorded).

Here is a brief outline of what we are planning:

- Learning about Public Health and Social Justice
- Wellness Wednesdays
· Being introduced to new authors and leaders in our Reading Rebels afternoons.

· Movies anyone? Let's watch together and learn.

· Exciting Radio Broadcasts, including live radio opportunities.

· Going out to our community

· Meet amazing people!!!
· Earn a stipend for participating

The application can be found [here](https://outlook.office.com/mail/inbox/id/AAQkADJiYjc0NTFmLTY0MWEtNGQ5NC1hZjFmLTY0NjQ2ZjgwZjcxMwAQACyRtTNwJ0dRtLCNf9jK8o8%3D).

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**UNM Events & News**

*Check back next week*
COMMUNITY EVENTS/OPPORTUNITIES

Check back next week

PREVIOUS ANNOUNCEMENTS

SoE News & Information

Check back next week

JOB/RESEARCH OPPORTUNITIES/SCHOLARSHIPS

Check out the ESS website pages dedicated to jobs, internships, and scholarships for more.

Out to Innovate Scholarships (LGBTQ+ students)

Goal: To support LGBTQ+ undergraduate and graduate students pursuing degrees in STEM programs.

Amount: $2,000.

Deadline: June 1

CIRCLES Scholars (Indigenous graduate students)

Goal: To advance educational opportunities for Indigenous students in CIRCLES-alliance states, including New Mexico. This program is hosted in Idaho and participants will be funded as graduate student assistants, a role that comes with tuition, health insurance, and a living stipend.

Amount: $23,400 over one year.

Deadline: June 14

More Info
UNM Events/News

Listed in Chronological Order

(Repeat/Continuous opportunities are not included)

Check back next week

UNM On-Going Resources

UNM TimelyCare

Remember that as a UNM student, you have access to free, 24/7 virtual health care services and support through UNM TimelyCare, including on-demand medical care, mental health and emotional support, basic needs assistance, and health coaching. It’s another way of providing you with a wide range of resources that will help achieve a sense of well-being, live healthier lifestyles and improve mental health. But please don’t wait until you need it; set up your account now, so the moment you do need services or support, you’ll be ready to go.

LoboEats

(developed by one of our very own CS students)
https://food.unm.edu/sustainability/lobo-eats/find-food.html

LoboEats is a brand new app that enables UNM organizations and departments to post when they have free food available to share with other Lobos. LoboEats connects UNM students, faculty, and staff with organizations and departments that have leftover food from catered events. This app will help reduce food waste and aid food-insecure individuals within the campus community.

Get LoboEats

https://food.unm.edu/assets/img/lobo-eats-banner.jpg

Lobo Food Pantry Spring Hours

Food insecurity comes in many forms and impacts all aspects of your life. ~30-40% of UNM students are housing/food insecure, and ~50% are first generation.
SHAC Workshops

NO CHARGE! RSVP: studentcounseling@unm.edu
Deadline to Register: 1 Business Day Before Each Workshop

SHAC Workshop Webpage

Mental Health Workshops Spring 2024

Question, Persuade, Refer: Three Steps Anyone Can Learn to Help Prevent Suicide
February 28th: 2:00 - 3:30 PM
Sub Luminaria (2nd Floor)

Overcoming Stress and Anxiety
February 28th: 2:00 - 3:30 PM
Sub Santa Ana A (2nd Floor)

Establishing Boundaries
February 28th: 2:00 - 3:30 PM
Sub Santa Ana A (2nd Floor)

Surviving Finals
May 1st: 2:00 - 3:30 PM
Sub Santa Ana A (2nd Floor)

Managing Money Stress
April 10th: 2:00 - 3:30 PM
Sub Santa Ana A (2nd Floor)

Shac Workshops Webpage

To Register Please Email: tholland1@unm.edu

(All workshops except Yoga with Traye can also be attended virtually. If you would like to attend virtually, please specify in your registration email to receive the Zoom link.)
Free confidential counseling

The UNM Counseling Program is excited to be offering free confidential counseling for children, adolescents, adults, couples, and families this semester on our UNM main campus clinic. This center is a training center for our advanced graduate students under supervision from our amazing UNM faculty and licensed professional counselors. These sessions will last 50 minutes and allow clients to be seen each week throughout the Fall semester. These sessions will be video recorded for supervision purposes and stored in a secure HIPAA compliant space. Appointments are available on Monday, Tuesday, and Wednesday all the way until 7 pm.

Please call us at 505-277-7311 to complete a brief telephone screening to determine that our services are best for you. We look forward to hearing from you soon!

Open Chalk Night

Even if you don’t want to present, it’s a great opportunity to learn!

Open chalk night is a monthly meetup for graduate and undergraduate students to practice presenting mathematics at a blackboard to an audience. Modeled after the Graduate Teaching Seminar presentations and open mic nights where would-be musicians play songs to a distracted audience, this event is a time for students to socialize and develop comfort communicating mathematics and recovering from mistakes.

Here’s how it works: Bring a problem, sign up to present on the sign-in sheet, wait your turn, then take the chalk and present. Problems can come from anywhere (homework, contests, etc), but please keep it to something that can be presented in 5-10 minutes.

Snacks and beverages will be provided.
Weekly UNM Nature Walks

If you’ve never joined us before, Nature Walk is a weekly event hosted by the Museum of Southwestern Biology. **We meet every Friday at noon at the UNM Duck Pond** for an hour-ish walk around campus to explore the nature around us. Many times, this includes teaching newcomers how to use community science apps like iNaturalist and eBird (especially during BioBlitz time), but we’ve also done themed walks like duck anatomy illustration, turtle counts, an arboretum tour, edible plants, and more! Further details on our [event page](#).

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Bio Blog Posts

“BioBLOG is about writing and communicating science. We aim to make the cool stuff we do in Biology accessible to a broader audience and in the process become better ambassadors of science. Some of our blogs are funny, some are serious, and the topics are vast. Some are exceptionally well-written and some not so much. But they are in the student’s voices. The students are endlessly creative and new ideas for posts are always showing up,” Smith noted.
**AI4ALL Ignite Fall 2024 Application Now Open!**

We are now accepting applications for the AI4ALL Ignite Fall 2024 Cohort. The AI portfolio project & weekly ethics discussions will launch the week of September 2, 2024.

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**About AI4ALL Ignite**

A no-cost virtual AI career accelerator that offers opportunity for Black, Hispanic/Latinx, Indigenous and/or women or non-binary college students to cultivate long-term AI industry connections & mentorship by working with AI professionals on a hands-on AI technical portfolio project, present their work at a virtual student symposium, understand the tech through a responsible AI lens, and participate in career readiness training. In the end, the goal is to empower participating students with the in-demand skills needed to interview for AI technical internships.

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We hope to see you around.

In Solidarity,

**Yadéeh E. Sawyer, Ph.D. (she/her/ella)**

1st and 2nd Year Experience Manager

Student Success Coordinator

(UNM Alumni; Staff Council Grade 13 Rep)

*Safes*, *Greens*, and *Dream* Zone Certified

UNM - Engineering Student Success Center - Room 2095
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